



# CNH | KEY CLUB

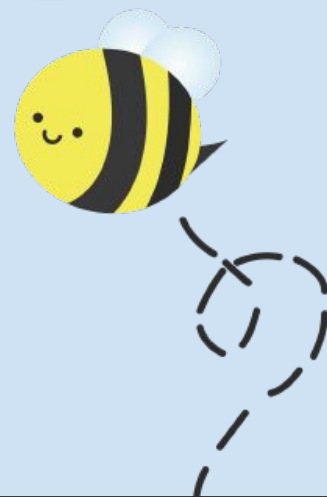
Spotlight on Service Guide | September 2022 Edition: PTP

*spotlight on service*

# **PEDIATRIC**

# **TRAUMA**

# **PROGRAM**



**CNH District Service Projects Committee**  
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# WHAT'S BUZZIN' CNH!

As club rush season quickly approaches, it is important to introduce the preferred charity, the Pediatric Trauma Program, to members! You can use this manual to implement new events and bring more variety to your clubs/divisions.

We hope this guide proves helpful in organizing themed events and/or fundraising events. If you have any questions, comments, or concerns, please feel free to email me at [sp.chair@cnhkeyclub.org](mailto:sp.chair@cnhkeyclub.org).

***BUZZIN WITH SERVICE,***



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# EVENT IDEAS

## BLANK SLATE DOLLS

A classic project for the Pediatric Trauma Program is to make Blank Slate Dolls. These are plush dolls that pediatric patients could draw on and individuals to represent new beginnings and to help them heal from past traumas they have experienced.

For these dolls you will need:

- ★ Fabric
- ★ Stuffing
- ★ Sewing needles and thread
- ★ And of course, busy bees!
- ★ Follow along [this video](#)

To get the supplies, ask clubs to collect supplies by holding a drive. We know this will be a laborious project, but everyone's hard work will be worth it!

## EMERGENCY SUPPLIES KIT

There are many ways you could benefit the children in your community. One way to do this is to create emergency kits for your community. These emergency kits will help aid in minimizing the number of injuries children suffer from traumatic events each day. Get donations from your school, division, and community. Have members create guides for families on how to make a plan on what to do in case of emergencies. Refer to the article, "Build a Kit" from Ready.gov on what supplies to collect.

# EVENT IDEAS

## PTP EDUCATION DAY & PEDIATRICIANS' LITTLE HELPERS

The best way to support PTP is to educate others about preventing unintentional childhood injuries and how to reduce children's anxiety around medical procedures. Educate those in your community about common accidents and their resulting injuries. Be sure to talk about how to prevent these incidents. One way you could reach out and educate your community is to hold a PTP Education Day! Bring in healthcare professionals, like pediatricians and nurses, to talk about these issues and what they do to help calm children down. In addition, you can make puppets for the pediatricians and nurses to use to act out the procedure, or have your key clubbers write storybooks about going to the doctor's office or hospital to ease their nerves. Use these articles as reference:

- ★ [Prevention of Unintentional Childhood Injuries](#)
- ★ [A Fun Way to Ease Kids' Anxiety About Medical Procedures | University of Michigan](#)

# PROJECT IDEAS

## COZY KIT

The “Cozy Kit” would help comfort kids in hospitals and make their time there easier. Some items you could collect are:

- ★ Stuffed animals
- ★ Coloring books/Coloring supplies
- ★ Fidget toys/Stickers
- ★ Heart Pillows
- ★ Blankets
- ★ Cards

## GRIP/NON-SLIP SOCKS

One of the most common injuries that lands young children in the hospital is falling. To prevent families from getting into a sticky situation, make no-slip socks with your clubs! For this project you will need to get socks and dimensional puffy fabric paint (important!). Refer to this video: [DIY Non-Slip Socks](#).

# PROJECT IDEAS

## THANK YOU BAGS

Taking care of kids in the hospital is a lot of work, so let's be thankful to those frontline workers by making Thank-You bags! Saving lives is hard work, so let's keep them energized by providing them with something that could work as a little pick me up. You could fill the bags with:

- ★ Tea/coffee
- ★ Mug (look at dollar stores or thrift stores to get them cheap)
- ★ Snacks
- ★ Thank you card

You could have different themes for the bags, like a Relax Bag with candles, stress balls, etc. or a Self-Care Bag with skincare items. Something that would also be beneficial is a Sanitation Bag with hand sanitizer, cleaning wipes, etc. Bee creative!

# FUNDRAISER IDEAS

## CHALLENGES, PIES FOR PTP, & TRIVIA

One of the best ways to raise support for the Pediatric Trauma Program is through educating those around us. A fun way to do so is by hosting and participating in challenges and games. You've heard of the ALS (neurological disease) Ice Bucket Challenge. Why not let Key Club pioneer their own? We present to you . . . Pies for PTP! Another idea is to host a trivia night! A few ideas for your trivia night can be first-aid, Key Club, or Disney songs. Remember to post recaps of the fun, and share information about PTP on your post

## RAFFLES

One way to fundraise a lot of money is to hold a raffle! Put some gift baskets together by gaining donations from your clubs. Maybe give the baskets different themes and add a little pamphlet on PTP in each one. All the money you get from tickets will greatly benefit PTP!

# SOSP KEY CLUB PARTNERS

## ERIKA'S LIGHTHOUSE

About: Erika's Lighthouse advocates for mental health. By providing educators, students, and parents with the tools to talk about mental health and encouraging students to reach out if they are struggling. They do this by allowing Key Club students to provide mental health presentations to local schools to serve younger students while promoting positive mental health practices.

Steps to Get involved:

<https://www.erikaslighthouse.org/blog/key-clubs-partner-with-erikas-lighthouse/>

## SCHOOL HOUSE

Schoolhouse is a free virtual tutoring program in which volunteers offer their time to help students with their coursework. Through this program you can apply your academic skills over a variety of courses to help students excel! As an added bonus every district in Key Club International is currently competing in a Tutor-a-Thon with School House. The goal that reaches their tutoring goal first wins and being the largest Key Club District in the world, CNH has the biggest goal of 1,600 life help sessions. We are counting on all of you to help us reach that goal because the sky is the limit for CNH.

Steps to Get Involved: <https://schoolhouse.world/key-club>



# SOSP KEY CLUB PARTNERS

## CIRCLE K

Circle-K International (CKI) is the college-level branch of Kiwanis International, with clubs spanning hundreds of colleges across five different continents. CKI's motto is "live to serve, love to serve," As such, this organization goes a long way in shaping future leaders and activists. CKI partners with the United Nations Children's Fund (UNICEF), which provides humanitarian and developmental aid to children worldwide. Therefore, this month of Children's Education awareness is the perfect time to reach out to partner with CKI clubs for collaboration so you can make the most significant impact you can as a Key Club towards the shared purpose of benefiting child education.

Contact:

Research colleges and universities in your area to find institutions involved in Circle-K.



# SOSP INFORMATION

Your Service Projects Committee promotes International and District initiatives through the CNH Spotlight on Service Program. The Spotlight on Service Program aims to showcase clubs and divisions, as they remarkably serve their homes, schools, and community.

Monthly guides include ideas and guides on how clubs and divisions complete the monthly service initiatives. The service project committee does this by brainstorm a few engaging event ideas for you, your club, and division to build upon.

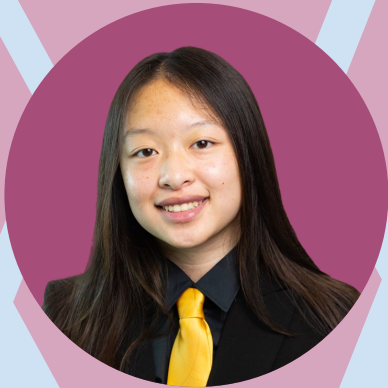
The Spotlight on Service Program would love to receive project submissions (Photos & Description) to showcase in the District Newsletter. Clubs and Divisions will be spotlighted in the newsletter, but only one club/division will be highlighted on the CNH instagram every month for SOSP!

# SOSP SUBMISSIONS

Clubs & Divisions can submit to the form in order to receive recognition, which can be found under the "Spotlight on Service Program" page under the "Projects" tab on the CNH CyberKey.

- ★ All submissions are due on the fifth of the August month by 6:00 PM (PST) or 3:00 PM (HST)
- ★ [SOSP Submission Form](#)
- ★ Visuals must be sent to [sp.chair@cnhkeyclub.org](mailto:sp.chair@cnhkeyclub.org)

# STAY CONNECTED!



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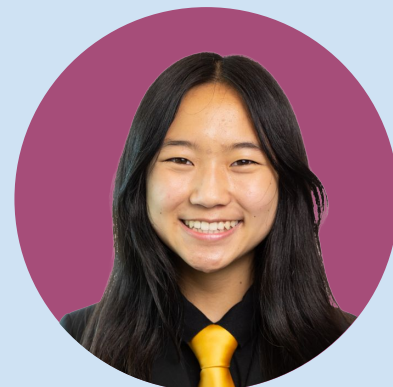
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# STAY CONNECTED!



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